



National Academy of Medical Sciences

NEWSLETTER

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From the Desk of the President

National Academy of Medical Sciences (India) recognizes Academic Excellence among eminent scientists in the field of Medical, Biomedical and Dental Sciences. The Eminent Medical, Biomedical and Dental Scientists selected for Recognition of Academic Excellence for the year 2025 were honoured during the 66th Foundation Day of NAMS held on 21st April, 2026 at NAMS, New Delhi by the Hon'ble Chief Guest Dr. P.K. Mishra, Principal Secretary to the Prime Minister of India.



The Academy fosters and utilizes the academic excellence of health professionals in the country as its resources to promote excellence in medical education and skill development in the field of medicine and allied sciences. In this context, NAMS had also organised three Public Lectures by Eminent Scientists on the 66th Foundation Day of NAMS on the topics such as major health issues amongst Geriatric Patients and their management by Dr. A. B. Dey; AMR a major health challenge: preparedness in India by Dr. Y.K. Gupta and healthy interventions for healthy liver by Dr. Subrat K. Acharya.

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NAMS regularly organises National Quiz with participants from medical colleges/institutions from all over the country. MEDIQUEST 2026 witnessed an overwhelming response with 1,959 registrations, and participation from 25 states and 5 union territories. I congratulate the winners of the MEDIQUEST 2026.

I request readers to give their valuable feedback which will help us in shaping the future issues of the Newsletter.

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President, NAMS

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Regional CMEs for dissemination of the recommendations of NAMS Task Force Reports

Dr. Vinod K. Paul, the then member NITI Aayog, during NAMSCON 2025 on 8th November, 2025 held at PGIMER, Chandigarh had suggested that NAMS should conduct Regional CMEs for dissemination of the recommendations of the Task Force Reports on Organ Donation and Transplantation and Role of AI in Health Care among directors / deans / faculty members of medical colleges and health institutions.



Regional CME for the dissemination of the recommendations of NAMS Task Force reports was conducted by Dr. Madhabananda Kar, Executive Director, AIIMS, Bhopal on 25.03.2026 for the states of Madhya Pradesh and Chhattisgarh. Dr. Digambar Behera, President NAMS also inaugurated the NAMS cell at AIIMS, Bhopal.



Prof. (Dr.) Ashutosh Biswas, Executive Director & CEO, AIIMS, Bhubaneswar had kindly agreed to conduct one day Regional CME for dissemination of recommendations of these two NAMS Task Force Reports on 30 March, 2026 for the faculty members/ deans / directors of medical colleges / health institutions of Bihar, Jharkhand, Odisha and West Bengal.



CME on CDE program focusing on cleft lip, palate and airway considerations in orthodontics

On April 11, 2026, the Orthodontic Division of the Faculty of Dental Sciences at Banaras Hindu University hosted a comprehensive one-day CME program focusing on cleft lip, palate, and airway considerations in orthodontics. The CME was attended by delegates from all over India. The CME was organized by Dr. T.P. Chaturvedi, Convenor, NAMS Cell, IMS, BHU and Senior Professor (Former Dean), Faculty of Dental Sciences, IMS BHU. The program was inaugurated by Hon'ble Vice-Chancellor Prof. Ajit Kumar Chaturvedi. More than 100 postgraduate students, orthodontists, practicing specialists and NAMS members attended the program.



NAMS MEDIQUEST 2026

NAMS MEDIQUEST 2026 was organised online at the national-level on general knowledge and medical sciences. The aim of the event was to foster

academic excellence, interdisciplinary thinking, and competitive learning among medical students and early career medical professionals across India.

The competition was open to MBBS students, postgraduate trainees (MD/MS/DNB), and early career medical professionals from India (Early career - within five years of completion of postgraduation). Participation was free of cost, ensuring inclusivity and encouraging wide national participation.

MEDIQUEST 2026 witnessed an overwhelming response with **1,959 registrations** from **25 states and 5 union territories**, reflecting its extensive national reach.

The competition was conducted entirely online in two stages: the **Preliminary Round on 22nd March, 2026** and the **Final Round on 29th March, 2026**. Participants were divided into six zones, with one finalist selected from each zone based on merit.

The final round featured a multi-domain format covering medicine, public health, current affairs, history, sports, geography and mental health, ensuring a comprehensive assessment of participants knowledge.

The event was conducted by a team of quiz masters led by Dr. Preethy Kathiresan (AIIMS, New Delhi). The other team members were Dr. Jaswant Jangra (AIIMS-CAPFIMS, New Delhi), Dr. Saurabh Bhatia (Ambedkar Nagar Hospital, New Delhi), Dr. Nikhil Mehta (PGIMER, Chandigarh), and Dr. Anand Neelakantan (Armed Forces Medical Services, Indian Air Force).

The winners of MEDIQUEST 2026 Finals are as follows:

- 1st Prize (₹15,000): Dr. Rachana S. Menon – Junior Resident (Biochemistry), AIIMS, Rajkot, Gujarat – *Western Zone*
- 2nd Prize (₹10,000): Dr. Ashraf Jamal – Consultant (Orthopaedics), Shri Ram Super Speciality Surgical Centre Pvt. Ltd., Rajasthan – *Northern Zone*
- 3rd Prize (₹5,000): Dr. Immanuel Joshua E – Consultant (Community Medicine), Saveetha Medical College & Hospital, Tamil Nadu – *Southern Zone*
- 4th Prize (₹2,000): Dr. Priya Kathfar – Senior Resident (Psychiatry), MGM Medical College, Indore, Madhya Pradesh – *Central Zone*

- 5th Prize (₹2,000): Dr. Slesha Sah – Junior Resident (Community Medicine), AIIMS, Bhubaneswar, Odisha – *Eastern Zone*
- 6th Prize (₹2,000): Mr. Anurag Talukdar – MBBS Student, Tezpur Medical College, Assam – *North-Eastern Zone*

The quiz was well received with participation spanning the length and breadth of the country. The event stands as a significant initiative by NAMS in advancing medical education and fostering intellectual excellence among future and early-career medical professionals.

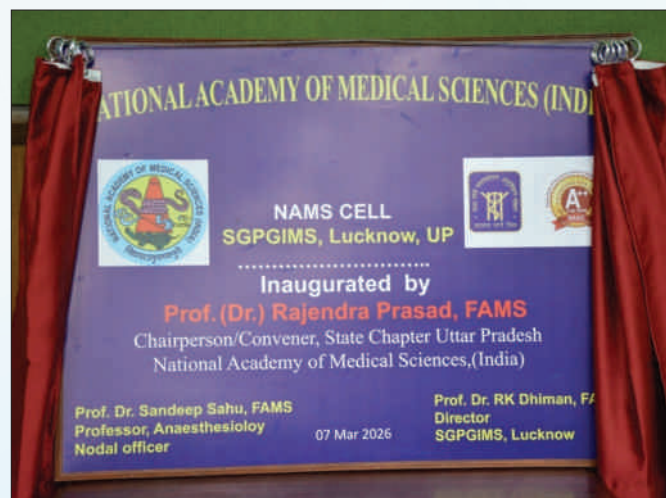
Workshop for Mentoring of Students at B.J. Medical College, Ahmedabad

Dr. Tejinder Singh, NAMS Emeritus Professor conducted a workshop for Mentoring of Students at B.J. Medical College on 27.3.2026.



NAMS Cell at Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow

NAMS cell was inaugurated at Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow on March 07, 2026, under the aegis of NAMS State Chapter Uttar Pradesh. A Lecture on Introduction of NAMS (India) and CME on Clinical Interpretation of Chest X-Rays was organized on this occasion.



NAMS 66th Foundation Day

The 66th Foundation Day of National Academy of Medical Sciences (India) was celebrated on 21st April, 2026 at NAMS Auditorium, Ansari Nagar, Ring Road, New Delhi.

The 10 Eminent Medical & Biomedical Scientists who were recognised for their Academic Excellence for the year 2025 made brief presentation about their academic achievements in the forenoon session.

(Link for PPT: <https://nams-india.in/FD2026/FD2026.php> & video presentation: <https://nams-india.in/FD2026/FD2026.php>). The session was chaired by Dr. K.K. Talwar, Chairman of Cardiac Sciences at PSRI Hospital, New Delhi, former Director, PGIMER, Chandigarh; Dr. Madhabananda Kar, Executive Director and CEO of AIIMS, Bhopal; and Dr. Sanjeev Sinha, Professor, Department of Medicine, AIIMS, New Delhi.

Presentations by Eminent Medical & Biomedical Scientists Recognised for their Academic Excellence for the year 2025



Chairpersons: Dr. Sanjeev Sinha, Dr. K.K. Talwar, and Dr. Madhabananda Kar



Col. Sangham Lal Recognition of Academic Excellence honour to Dr. Shashanka Mohan Bose



Dr. Pran Nath Chhuttani Recognition of Academic Excellence honour to Dr. Narinder Kumar Mehra



Dr. Pran Nath Chhuttani Recognition of Academic Excellence honour to Dr. Premashis Kar



Dr. Tulsi Das Chugh Recognition of Academic Excellence honour to for Dr. Shally Awasthi



Gen. Amir Chand Recognition of Academic Excellence honour to Dr. Aman Sharma

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NAMS 66th Foundation Day

Presentations by Eminent Medical & Biomedical Scientists Recognised for their Academic Excellence for the year 2025



Achanta Lakshmi Pathi Recognition of Academic Excellence honour to Dr. Mohd. Ashraf Ganie.



Dr. KL Wig Recognition of Academic Excellence honour to Dr. Tejinder Singh.



Dr. Abhaya Indrayan Recognition of Academic Excellence honour to Dr. Tinku Thomas



Dr. Niranjana Khandelwal Recognition of Academic Excellence honour to Dr. Naveen Kalra



Dr. R.V. Rajam Recognition of Academic Excellence honour to Dr. Sonu Goel

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NAMS 66th Foundation Day

NAMS also organised three Public Lectures by Eminent Scientists on the 66th Foundation Day of NAMS on the topics – Major health issues amongst Geriatric Patients and their management by Dr. A.B. Dey; AMR – a major health challenge: preparedness in India, by Dr. Y.K. Gupta; and healthy interventions for healthy liver by Dr. Subrat K. Acharya. (Link for PPT: <https://nams-india.in/FD2026/FD2026.php> &

video presentation:
<https://nams-india.in/FD2026/FD2026.php>).

The session was chaired by Lt. Gen. Dr. P.P. Varma, AVSM, SM, VSM (Retd), Principal Director, Nephrology & Renal Transplant, Venkateshwara Hospital and Dr. Mahesh Verma, Vice Chancellor of Guru Gobind Singh Indraprastha University (GGSIPU), New Delhi.

Public Lectures by Eminent Scientists



Chair persons for Public Lecture:
Lt. Gen. Dr. P.P. Varma, AVSM, SM, VSM (Retd)
and Dr. Mahesh Verma



Public Lecture on major health issues amongst geriatric patients and their management, by Dr. A. B. Dey



Public Lecture on AMR a major health challenge: preparedness in India, by Dr. Y.K. Gupta



Public Lecture on healthy interventions for healthy liver by Dr. Subrat K. Acharya

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NAMS 66th Foundation Day

Hon'ble Dr. P.K. Mishra, Principal Secretary to the Prime Minister of India, was the Chief Guest for the 66th Foundation Day function which was held in the evening. The function started with Vande Matram followed by Lamp Lighting Ceremony.

(Link for photos:

<https://photos.app.goo.gl/jArZaZJw5vzYfXYE8>

& YouTube :

<https://youtube.com/live/HYnVzPKx12Y>).



Vande Matram Recital



Lamp Lighting Ceremony by Hon'ble Chief Guest



Felicitation of Hon'ble Chief Guest

Lt. Gen. Dr. Velu Nair, PVSM, AVSM.VSM** (Retd), President-Elect NAMS welcomed the Chief Guest, NAMS family members and invited eminent medical & biomedical scientists and guests.



Welcome Address by Lt. Gen. Dr. Velu Nair

Dr. Digambar Behera, President, NAMS presented the major activities of NAMS such CMEs, Regional CMEs for dissemination of the recommendations of the Task Force Reports on Organ Donation and Role of AI in Health Care among directors / deans / faculty members of Medical Colleges and Health Institutions; NAMS-AIIMS-PGIMER Navigate-Medico-CME Program of NAMS for postgraduate medical students; Leadership Development (LEAD) program to impart leadership skills for directors, deans, and head of the departments and senior faculty members; NAMS Task Forces of eminent medical professionals to prepare policy documents; guest lecture by international experts; NAMS Recognition of "Women in Medicine"; Online certificate course on AI in Health for health professionals; ICMR-NAMS National Biostatistics Help Line support for PG students & young faculty members; NAMS National Quiz and NAMS Research Fellowships.



Presentation of Activities and Vision of NAMS by Dr. Digambar Behera

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NAMS 66th Foundation Day

Honouring of 10 Eminent Scientists selected for Recognition of Academic Excellence for 2025 was done by Hon'ble Chief Guest Dr. P.K. Mishra,

Principal Secretary to the Prime Minister of India by presentation of Scroll of Honor & Medals.

Presentation of Scroll of Honour & Medals to Scientist selected for RAE for the year 2025



Dr. O. P. Kharbanda, Chairman, RAE, presenting the selected scientists for RAE for 2025 to the Hon'ble Chief Guest for Presentation of Scroll of Honor & Medals



Dr. Shashanka Mohan Bose



Dr. Narinder Kumar Mehra



Dr. Premashis Kar



Dr. Shally Awasthi



Dr. Aman Sharma

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NAMS 66th Foundation Day

Presentation of Scroll of Honour & Medals to Scientist selected for RAE for the year 2025



Dr. Mohd. Ashraf Ganie



Dr. Tejinder Singh



Dr. Tinku Thomas



Dr. Naveen Kalra



Dr. Sonu Goel

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NAMS 66th Foundation Day

Hon'ble Chief Guest Dr. P.K. Mishra also honoured the NAMS Past Presidents: Dr. K.K. Talwar, President, NAMS from 2009 to 2012; Dr. Saroj Chooramani Gopal, President, NAMS from 2018 to 2021 and Dr. Shiv K. Sarin, President, NAMS from 2021 to 2024.

Honouring of Past Presidents of NAMS by Hon'ble Chief Guest



Dr. K.K. Talwar, President NAMS from 2009 to 2012



Dr. Saroj Chooramani Gopal, President NAMS from 2018 to 2021



Dr. Shiv K. Sarin, President NAMS from 2021 to 2024

Honouring of NAMS MEDIQUEST 2026 organising team comprising of Dr. Preethy Kathiresan, AIIMS, New Delhi, (Team Leader), Dr. Jaswant Jangra, AIIMS-CAPFIMS, New Delhi, (Team member) and Dr. Nikhil Mehta, PGIMER, Chandigarh, (Team member), was done by presenting memento and certificate of appreciation.

Honouring of NAMS MEDIQUEST 2026 team of quiz masters by Hon'ble Chief Guest



Dr. Preethy Kathiresan, AIIMS, New Delhi, Team Leader



Dr. Jaswant Jangra, AIIMS-CAPFIMS, New Delhi, Team member



Dr. Nikhil Mehta, PGIMER, Chandigarh, Team member

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NAMS 66th Foundation Day

Release of April-June 2026 issue of NAMS Annals and RAE booklet was done by Hon'ble

Chief Guest Dr. P.K. Mishra, along with other dignitaries.

Release of NAMS documents by Hon'ble Chief Guest



Release of NAMS Annals



Release of RAE booklet

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NAMS 66th Foundation Day

The recorded video message of Shri Jagat Prakash Nadda, Hon'ble Union Minister of Health & Family Welfare; Minister of Chemicals and Fertilizers was also displayed, in which he expressed his pleasure to be part of the 66th Foundation Day ceremony of the National Academy of Medical Sciences (NAMS), New Delhi on April 21, 2026 virtually, as he could not attend the function due to prior commitments. He appreciated that the Academy continues to provide a platform for recognizing eminent clinicians and scientists as its Fellows (FAMS) or Members (MAMS). The Fellows of this Academy are amongst the most distinguished medical professionals of the country, who have helped to develop high standards of patient care and medical training in various specialties over many decades. The role of Academy in advising the Government of India in several matters of National Health Policies and conducting CMEs in basic sciences and applied clinical disciplines, was also appreciated by Shri Nadda ji. He extended his best wishes to all the eminent scientists and NAMS Fellows attending the function.

The chief guest Dr. P.K. Mishra, in his address appreciated the contribution of NAMS in National policy making bodies and help in decision making at National level. He also highlighted the achievements of the Government of India in medical education and strengthening of health facilities by creating more All India Institutes of Medical Sciences & Medical Colleges in the country in the last few years.

He said that the focus on Holistic Health approach will be more effective for preventive and promotive services. The response of health services during COVID pandemic was also a great achievement in the country with development of indigenous COVID vaccine and sharing this with more than 100 countries in the world. He also mentioned about the increasing use of digital technologies in health and development sectors.

Address by Hon'ble Chief Guest Dr. P.K. Mishra



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NAMS 66th Foundation Day

Lt. Gen. Dr. P. P. Varma, AVSM, SM, VSM (Retd), treasurer of NAMS thanked the dignitaries and the guests for gracing the function and making it one of

the most memorable event. The function ended with the National Anthem.



Words of Gratitude by Lt. Gen. Dr. P. P. Varma, AVSM, SM, VSM (Retd), treasurer NAMS



Ms. Kiran Bhardwaj, Comper for the function



National Anthem



NAMS Family Members

NAMS Online Application Forms

Application forms for Fellowship and Membership have been made Online and objective criteria have been introduced for assessment from the year 2023.

NAMS International Fellowship and International Membership

Applications are invited from Medical Doctors and Scientists, who are Nationals of Foreign Countries, NRIs, OICs, for NAMS International Fellowship and Membership. The application form and guidelines are available at:

<https://www.nams-india.in/downloads/Notice%20Int%20fellowship.pdf>

The duly completed applications to be sent to email id: namsaca01@gmail.com, by 30th June / 31st December, every year.

NAMS Fellowship (FAMS)

NAMS offers Fellowship (FAMS) to Indian scientists of eminence from any field of Basic Sciences, Medicine or Surgery or Biomedical Sciences, or Dental Sciences. The application form and guidelines are available on NAMS website at the link:

Fellowship-Direct <http://namsdigital.in/home/fams1home>

Fellowship-Advancement <http://namsdigital.in/Home/AdvFAMSHome>

Last date for submitting application form is 31st December, every year.

NAMS Membership (MAMS)

NAMS offers Membership (MAMS) to Indian scientists of eminence from any field of Basic Sciences, Medicine or Surgery or Biomedical Sciences, with postgraduate qualification and minimum of five years of experience after post graduation. The application form & guidelines are available:

<http://namsdigital.in/Home/MAMSHome>

Last date for submitting application form is 31st December, every year.

NAMS Associate Fellowship (AFAMS)

NAMS offers Associate Fellowship (AFAMS) to scientists of eminence from any field of Basic Sciences, Medicine or Surgery or Biomedical Sciences. The eligibility criteria follows:

- Age of nominee should be upto 45 years on the date of nomination
- Should have the degree of DM, MCh or DNB (in Super specialities)
- Should be serving in Medical College, Teaching Hospital, or Consultant in a corporate hospital
- Minimum 3 publications in indexed journals

The application form and guidelines are available at: <http://namsdigital.in/Home/FAMSHome>

Last date for submitting application form are 30th June / 31st December, every year.

NAMS Associate Membership (AMAMS)

The Associate Membership has been introduced for the Medical / Dental Scientists who have completed Postgraduate qualifications (MD/ MS/ MDS) or PhD/MSc Biotechnology in SINGLE ATTEMPT and have a postgraduate degree with any ONE of the following:

- a. Membership of a National Professional organization in his/her specialty
- b. Publication in a Scientific Journal
- c. Presentation at the Annual Scientific Conference of National Professional organization.

The application form and guidelines are available at:

<https://namsdigital.in/Home/AMAMSHome>

Applications are accepted throughout the year.

NAMS Membership for DNB passed candidates (MNAMS)

Candidates who have obtained the DNB degree, are eligible to apply for MNAMS. The application on the prescribed format should be sent to the Secretary, NAMS.

The application form and guidelines are available at: <https://namsdigital.in/Home/MNAMSHome>

Applications are accepted throughout the year.

Contact us: EPABX: 8527834424

Postal Address : The Secretary, National Academy of Medical Sciences (India)

Ansari Nagar, Ring Road, New Delhi-110029

E-mail: namsaca01@gmail.com

Website: www.nams-india.in

Twitter: @Nams_India